Outdoor Education
Programme Overview 2013

Kormilda College provides a developmental and sequential Outdoor Educational Camp Programme for students in Year 6, 7, 8, 9 and 10. The Camp Programme provides a balanced and progressive sequence which aims to integrate knowledge with experiential activities. The programme is designed through a series of journey based experiences that allow students to participate in a variety of activities and challenges that increase understanding and awareness about themselves, others and the environment. Various activities offered enable students to develop the necessary skills and expertise to address challenges, foster proactive attitudes, self-motivation, and fulfill commitments to be able to make informed decisions and take responsible action in their journey to becoming life-long learners.

Although the Camp Programme is separate to the Outdoor & Environmental Education Curriculum, the programme is an integral part of the school’s pedagogical philosophy and contributes significantly to the fulfillment of the College Mission Statement.

On programme, students are divided into groups of 14-18 students for the week and together are lead through various activities, games and challenges – all which are targeted to suit students’ level of development and cover a range of physical, emotional and spiritual challenges. All group activities are facilitated and run with a trained and experienced instructor who leads the group throughout their programme. There shall also always be another professionally qualified instructor or teacher present in each group. In turn, each group is supported in the field by our Camp Coordinator, Camp Support Officer, Outdoor Recreation Trainees and GAP assistants. All programmes are overseen and supported by the Head of Outdoor and Environmental Education.

Camp Programme Staff
We pride ourselves on the quality of staff we employ. They are sourced from specifically targeted areas within the Outdoor Educational / Recreational Industry throughout Australia and beyond. Selected staff possess a range of qualifications, knowledge, and experiences that complement the holistic nature and
requirements of the Camp Programme. Each year we employ 4 camp instructors, 2 Outdoor & Environmental Education Teachers and 2 Outdoor Recreation Trainees. This team is overseen and supported by the Outdoor & Environmental Education Camp Coordinator, Support Officer and the Head of Outdoor & Environmental Education.

Camp Programme Equipment
Kormilda College is extremely fortunate to own a very extensive supply of equipment. We have invested in specialist quality outdoor equipment, which meets industry standards and allows us to run various activities with the safest possible practices. As a department, we have in place systems to ensure the regular maintenance and upkeep of such items.

Parent Information Night
The Head of Outdoor & Environmental Education, together with the Camp Coordinator will provide an informative parent information night before each Year Level Camp. This is aimed to cover in depth camp specific logistics and answer any questions or queries parents may have. These dates can be located on the school calendar.

Year 6 Camp 2013 – Coomalie Creek Christian Centre
Coomalie Creek is located just off the Stuart Hwy and only 10 minutes from Batchelor -75 kms south of Darwin. Although the campsite is very accessible, it is set on a large bush block that provides a remote atmosphere for students. The facilities are excellent, with a large grassed area protected by trees, a new ablution block with separate male and female toilets and showers. The creek provides an ideal classroom for a range of water-based activities and environmental studies. This also includes a large swimming hole, which is a safe area for swimming.

The Year 6 Programme integrates theory with experiential activities and has an underlying theme of the environment and excellence. By running a variety of activities and challenges students will gain a foundation of bush proficiencies which will prepare them for future journey based experiences, as well as increasing knowledge and awareness about themselves, others and the environment.

Year 6 Camp is a two night, three day base-camp programme. Ultimately, we aim to cater for each student in a safe and supported environment, which enables them to have fun and at the same time prepare them for future camps with the college.

Activities on camp:
• Canoeing – students will get the opportunity to participate in an introductory canoe session. A great way to explore the pristine creek environment – and a lot of fun.
• Bushwalking - there will be a few short walks over the 3 days, where the students will be required to carry some water and snacks.
• Swimming – is a key aspect to the camp. Groups will be able to access the creek environment each day.
• Environmental Studies – Year 6 will focus predominantly on living organisms (plants, trees and animals) and how we connect to them.
• Solo/Reflection time- students will spend time dedicated to individual reflection (a great chance for personal time / student evaluation / reflection).

The Year 6 Programme contains a variety of other activities, which include: initiative activities, night walk/spotlight tour, bush cooking, bush art, music, etc.

**Themes: Excellence, water, & the environment.**

**Yr 6 Camp Dates:** 8th-10th of May

**Parent Information Night:** Monday 29th of April 7pm in the College Auditorium

---

**Year 7 Camp 2013 - Litchfield National Park**

Year 7 Camp, 2013 will again be held at Litchfield National Park, which is approximately 100 km south-west of Darwin. Litchfield is an aesthetically stunning landscape containing a variety of walking tracks, rainforest pockets and historic sites. The picturesque plunge pools have been shaped by water and time by a number of creeks, rivers and thundering falls in the area.

Although located in the busy Litchfield National Park, The Environmental Centre has a semi remote feel to it. This will be the central location for our groups which will all be camping in close proximity to the centre. The camp is expedition styled where groups move through a set course and are generally isolated from other groups. There will be particular focus on team development type activities. Technology such as phones, iPods etc are not permitted on camp.

**Activities on camp:**

- Bushwalking - there will be a few short walks over the 3 days (no more than 2kms at a time) where the students will be required to carry their belongings.
- Swimming – is a key aspect to the camp. Groups will be using the water courses daily.
- Rock Jumping – jumping off small selected boulders and rock ledges into the crystal clear water below. Staff shall always assess water prior to activity.
- Environmental Studies – Year 7 will focus predominantly on Water and National Parks and how we rely on them.
- Solo/Reflection time- students will spend time dedicated to individual reflection (a great chance for personal time / student evaluation / reflection).

The Year 7 Programme contains a variety of other activities which include: initiative & environmental activities, star gazing session, campfire cooking, bush art, music, Camp Olympics, bush tucker walk, navigation, etc.
Themes: Water, relationships & the environment.
There will be 3 camps run over a 3 week period.
Yr 7 Camp Dates:
Camp 1: 17th-19th of April (7.1)
Camp 2: 24th -26th of April (7.2)
Camp 3: 1st - 3rd of May (7.3 & 7.4)
Parent Information Night: Tuesday 2nd of April 7pm in the College Auditorium

Year 8 2013 Camp – Hayes Creek Region

Year 8 Camp 2013 will again be held in the Hayes Creek region, near Depot Creek- about 2 ½ hours drive south of Darwin. This private land encompasses the beautifully isolated gorge system, steep red sandstone cliffs and meandering watercourse that is Depot Creek. This forms a number of terraced rock pools with varying depths, which are ideal for swimming and rock jumping. We shall also be using the Hayes Creek climbing area and camping for one night at Hayes Creek camping ground.

The Hayes Creek region used provides a remote journey-based experience that enables skills learnt from the Year 6 & 7 Camp Programme to be further developed. The Year 8 Camp is the first true expedition styled camp of the Programme where groups move through a set course and are generally isolated from one another. Again, students shall not have contact with phones, iPods, etc).

Activities on camp:
• Bushwalking- There will be two walks of significance on the trip. Both walks are under 10kms, and students will be required to carry their own belongings.
• Mountain Biking- 14 km along a station 4wd track.
• Rock Climbing- Top-rope climbs at the beautiful Hayes Creek Gorge.
• Gorge explore/rock jumping- Exploring the secluded and remote Depot Creek.
• Environmental Studies – Year 8 will look at waste, recycling/re-using and packaging and how we can all make differences in everyday life.
• Solo/Reflection time- students spend a couple of hours over the five days in solitude and quiet (a great chance for a break / personal reflection).

Various other activities will occur on camp. They include: initiative activities, campfire cooking, music, etc.

Themes: Initiative, responsibility, boundaries & the environment.
Yr 8 Camp Dates:
Camp 1: 27th-31st of May (8.1, 8.2 & 8.3)
Camp 2: 3rd – 7th of June (8.4, 8.5 & 8.6)
Parent Information Night: Tuesday 21st of May 7pm in the College Auditorium
Year 9 2013 Camp – Umbrarrassa Gorge/Jindare Station

Year 9 Camp 2013 will again be held at Umbrarrassa Gorge, just outside Pine Creek - 3 hours drive south of Darwin. This Nature Park protects a unique gorge with steep red water polished sandstone cliffs and is of great significance to the local Wagiman People. We also utilise Jindare Station, a privately owned working cattle station, which adjoins the Umbrarrassa Gorge Nature Park.

Jindare Station & Umbrarrassa Gorge has been the Year 9 Camp location for many years now. It is a stunning area that provides an ideal location to develop the skills and knowledge acquired in previous programmes. Groups move through a journey-based programme independent from one another. Students, in cooking groups of 2-3 will be shopping and cooking for themselves. Parental support in practice cooking meals is highly encouraged. Technology such as phones, ipods etc are not permitted on camp.

Activities on camp:

- Bushwalking- 10km (approx) walk either along the edge of an escarpment or along a dry creek bed. A challenging walk.
- Mountain Biking- 14 km along a station 4wd track.
- Rock Climbing- Top-rope climbs at the beautiful Sacred Gorge.
- Abseiling- Abseil into Sacred gorge.
- Camp Olympics- A series of camp-craft challenges.
- Gorge explore/rock jumping- Explore the secluded western end of Umbrarrassa Gorge.
- Solo/Reflection time- students spend a couple of hours in solitude and quiet (a great chance for a break / personal reflection).
- Environmental Studies – Year 9 will focus predominantly on consumption, bioregionalism and ecological foot-printing.

Various other activities may occur on camp. They include: initiative activities, spotlight freshwater crocs, campfire cooking, music, etc.

Themes: Communication, teamwork, identity & the environment.

There will be 2 camps run over a 2 week period.

Yr 9 Camp Dates:

Camp 1: 6th-10th of August (9.1, 9.2 & 9.3)
Camp 2: 13th - 17th of August (9.4, 9.5 & 9.6)

Parent Information Night: Wednesday 24th of July 7pm in the College Auditorium
Year 10 Camp – Lake Argyle, WA

Year 10 Camp, 2013 will again be held at Lake Argyle, in the remote Kimberley region of north eastern Western Australia. Lake Argyle is Australia’s largest body of freshwater covering over 900 square kilometres at full supply level with a flood capacity in excess of 2000 square kilometres.

Year 10 “Weeks Without Walls”
All Year 10 students participate in the Weeks Without Walls Programme in Term 3. Students have a variety of choices, one of which is a nine day Outdoor Expedition on Lake Argyle. This programme is intended to challenge and extend the individual in order to maximise their self-reliance and potential, not only intellectually, but also emotionally, spiritually and physically. Camps are expedition-style where groups move through a route independent of each other. Students, in cooking groups of 2-3 will be preparing, shopping and cooking for themselves. Parental support in practice cooking meals is highly encouraged. Technology such as phones, iPods etc are not permitted on camp.

Activities on camp:
- Kayaking/ Canoeing - the focal modes of transport whilst on the lake.
- Rock jumping – jumping off the old gorge cliffs and into the deep water below.
- Abseiling – abseiling down a 10-12m cliff and into the lake below.
- Gorge explore - explore the secluded gorge near Shady Camp.
- Solo/Reflection time- students shall be provided several opportunities in self-guided reflection.
- Environmental Studies – as in the rest of our programme, the environment will be an underlying theme to the camp and the students will partake in various studies.

Various other activities may occur on camp. They include: initiative activities, spotlight tour, campfire cooking, damper making, star gazing, bush art, music, etc.

Themes: Leadership, self reliance & the environment.

There will be 2 camps run over a 2 week period.

The dates of the camps are:
Yr 10 Camp Dates:
Camp 1: 1st - 8th of September
Camp 2: 7th - 14th of September

Parent Information Night: Wednesday 21st of August 7pm in the College Auditorium